

## Where to find help and advice

The Road Victims Trust offers a single point of contact for anyone who lives in Bedfordshire, Luton or Hertfordshire and is bereaved or affected by death or life-changing injury as a result of a collision on the road.

### How we can help:

**We offer a personal, confidential service to anyone who has been bereaved or otherwise affected by a serious road collision in Bedfordshire, Luton or Hertfordshire - a single point of contact for emotional support and practical advice.**

Our purpose is to expand this free service to every County, from April 2010 we started to provide support to victims in Hertfordshire.

### We understand:

- That the horror, devastation, disbelief and pain can feel unbearable
- That there is so much information, yet it is hard to take it all in
- That many practical tasks have to be carried out
- That arranging a funeral is difficult, costly and untimely
- That dealing with police and Coroner's officers can be confusing

### We offer:

- Free and confidential services
- A highly trained supporter who is skilled at supporting you through the grieving process, and the difficult procedures and processes you will face
- Support at the inquest and criminal courts
- Access to all information required to deal with the aftermath of a serious road collision
- Support to make choices as to how to use that information

### Our services are for anyone who:

- is bereaved
- receives life-changing injuries
- is caring for the above
- is involved in the collision
- witnesses the collision
- is affected by the collision.

### The services are available:

- as soon as they are needed
- for as long as they are useful
- with short term or long term regular support
- and can be based at home or in the office.

**Please contact us on 01234 843345 or Email [enquiries@rvtrust.co.uk](mailto:enquiries@rvtrust.co.uk) to find out more.**

*"I was a parent suffering from a broken heart stuck in a long dark tunnel."*

*"It's not easy to move forward but it would be so much harder without your help"*

*"I began my journey of tears with a trained volunteer. Week after week, month after month we talked, I cried the volunteer listened and continued to give me support,"*

*"When the inquest was over I could see how much you had helped us. You had prepared us for this terrible ordeal and thanks to your expertise you have helped and supported us through it."*

*Our Trust services offer space - a listening and monitoring space - at the time of crisis and trauma.*

*We can help in many ways after an identification of what needs emerge for the individual and/or the family.*